



CURRENTLY DELIVERING FROZEN MEAL BOXES AND SHELF-STABLE MEALS

Following the Sacramento County Public Health Order, all of our All Seasons Cafe operations have been suspended, and our home-delivered meal delivery schedule has been adjusted to minimize risk for our participants and personnel.

Because of this adjusted schedule and other operational changes, we **do not have a day-by-day menu this month**. However, all of our shelf-stable meals and frozen meals meet nutritional standards, including 1/3 of the recommended daily Dietary Reference Intake (DRI) for seniors.

For more information on these meals, please contact us our office at (916) 444-9533. Thank you for understanding, and we look forward to resuming normal operations once the Public Health Order has been lifted.