



SENIOR MENU

1/2 Sandwich & Salad Combos

Turkey Panini

Sliced fresh turkey breast, Swiss cheese, red ripe tomato, red onion and lemon aioli on wheat.

Served with a side salad and fruit.

Grilled Chicken Panini

Grilled chicken breast, Swiss cheese, red onion, tomato and lemon aioli on wheat.

Served with a side salad and fruit.

BLT **

Bacon, Swiss cheese, red ripe tomatoes, crisp lettuce and mayo on toasted bread on wheat.

Served with a side salad, yogurt, and fruit.

Crispy Chicken Sandwich

Fried chicken breast, Swiss cheese, lettuce, tomato and mayo on toasted wheat bread.

Served with a side salad and fruit.

Sliders

Two mini cheeseburgers topped with Swiss cheese, lettuce, tomato, pickles, red onion and mayo on wheat bun. Served with a side salad and fruit.

Entrees

Enchiladas

Corn tortillas stuffed with chicken and Swiss cheese, red onions and smothered in our homemade special sauce. Served with rice, beans, and fruit.

Tacos

Two crispy chicken tacos made with corn tortillas and topped with lettuce, tomato, onion and cheese.

Served with rice, beans and fruit.

Quesadilla

Chicken breast and Swiss cheese wrapped in a wheat tortilla and grilled to perfection.

Served with rice, beans and fruit.

Cajun Pasta for small appetite

Fettuccini noodles, chicken breast, mushrooms, Cajun spices in a creamy house made alfredo sauce and topped with fresh shaved parmesan cheese.

Served with fruit and a slice of wheat toast.

HOURS OF OPERATION

Monday-Friday: 2:00 pm - 9:00 pm Saturday: 2:00 pm - 9:00 pm

Sunday: 10:00 am - 9:00 pm (through football season)





SACRAMENTO COUNTY

SENIOR MENU

Soup & Salad Combos Availability based on the "Soup of the Day" Please inquire before ordering

Country Potato**

Potatoes, cheddar and jack cheese, with onions. Served with a side salad, wheat toast and fruit.

Albondiga

Ground Beef, onions, carrots, zucchini, potatoes, and tomatoes. Served with a side salad, wheat toast, yogurt and fruit.

Broccoli Cheese**

Broccoli, cheddar cheese and milk. Served with a side salad, wheat toast and fruit.

Vegetable Beef

Beef (steak), carrots, potatoes, corn, onions, and tomatoes. Served with a side salad, wheat toast, yogurt and fruit.

**The total sodium content of these meals exceeds 800 mg

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