
SENIOR MENU

Chicken Soup with Veggies

Chicken stewed with carrots, onions, broccoli, green cabbage, and potatoes.
Served with brown rice, dried fruit, and low-fat yogurt.

Chicken Teriyaki Box

Grilled Chicken Teriyaki

Served with brown rice, mixed green salad, dried fruit and low-fat yogurt

Grilled Salmon Box

Grilled Salmon

Served with brown rice, mixed green salad, dried fruit and low-fat yogurt

Sesame Chicken Box

Fried panko-breaded Chicken with sesame sauce

Served with brown rice, mixed green salad, dried fruit and low-fat yogurt

Tofu Bento Box

Fried Tofu

Served with brown rice, mixed green salad, dried fruit and low-fat yogurt

Beef Teriyaki (Korean Beef Bulgogi) Box

Marinated grilled, sliced Beef

Served with brown rice, mixed green salad, dried fruit and low-fat yogurt

HOURS OF OPERATION

Monday-Friday: 11:00 am - 2:00 pm; 5:00 pm - 8:00 pm

Saturday: 5:00 pm - 8:00 pm

Sunday: CLOSED