



menu  
subject  
to  
change

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## NOVEMBER 2024 MENU

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### **Standard Menu (available Mon-Fri, 8am to 2pm)**

Beef Picadillo served with wheat roll, cheese and juice  
Chicken Adobo served with steamed veggies, brown rice, juice and Low-Fat Milk  
Spaghetti & Meatballs, steamed veggies, Fruit Cup & Low-Fat Milk

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### **Rotating Monthly Filipino Specials (while servings last)**

#### **November 4 - November 8**

Grilled Porkchop served with brown rice, garlic green beans,  
an Apple & Low-Fat Milk

#### **November 11 - November 15**

Baked Chicken served with brown rice, garlic green beans,  
an Apple and cheese

#### **November 18 - November 22**

Chicken Pesto Panini served with spring salad and an Orange

#### **November 25 - November 27**

Chicken Marsala served with pasta, spring salad, juice & Low-Fat Milk

**Cafe Elk Grove will be closed:  
11/28 & 11/29  
to observe the Thanksgiving Holiday**

*All items on the Standard Menu are available everyday. Filipino meals will be changed every month and meal ordering will be subject to availability. Quantities are limited to (1) complete meal per participant.*