



DECEMBER 2024 MENU



Standard Menu (available Mon-Fri, 8am to 2pm)

Beef Picadillo served with wheat roll, cheese & juice Chicken Adobo served with steamed veggies, brown rice, juice & Low-Fat Milk Spaghetti & Meatballs, served with steamed veggies, Fruit Cup & Low-Fat Milk

Rotating Monthly Filipino Specials (while servings last)

December 2 - December 6

Chicken Arroz Caldo & Egg, steamed veggies, fruit juice & Yogurt

December 9 - December 13

Grilled Porkchop served with brown rice, garlic green beans, an Apple and Low-Fat Milk

December 16 - December 20

Baked Chicken served with brown rice, garlic green beans, an Apple & Cheese

December 23 - December 27

Chicken Pesto Panini served with spring salad and an Orange

December 30

Chicken Marsala served with pasta, spring salad, fruit juice & Low-Fat Milk

Cafe Elk Grove will be closed: 12/24, 12/25 & 12/31 to observe the Holidays

All items on the Standard Menu are available everyday. Filipino meals will be changed every month and meal ordering will be subject to availability. Quantities are limited to (1) complete meal per participant.