



RESTAURANT PROGRAM



MEALS ON WHEELS
SACRAMENTO COUNTY



Cafe
Elk Grove

@DISTRICT56

menu
subject
to
change

JANUARY 2025 MENU

Standard Menu (available Mon-Fri, 8am to 2pm)

Chicken Arroz Caldo & Egg, steamed veggies, fruit juice & Yogurt

Chicken Pesto Panini served with spring salad and an Orange

Spaghetti & Meatballs, steamed veggies, Fruit Cup & Low-Fat Milk

Rotating Monthly Filipino Specials (while servings last)

January 6 - January 10

Tuna Carbonara served with dinner roll, cantaloupe, and Yogurt

January 13 - January 17

Lumpia (Spring Rolls) served with brown rice, garlic green beans,
fruit juice & Low-Fat Milk

January 20 - January 24

Tort Talong (Eggplant Omelette) served with brown rice,
cantaloupe, & Yogurt

January 27 - January 31

Baked Chicken served with brown rice, garlic green beans,
an Apple & Cheese

***New Cafe Hours:
8:00 am to 2:00 pm***

All items on the Standard Menu are available everyday. Filipino meals will be changed every month and meal ordering will be subject to availability. Quantities are limited to (1) complete meal per participant.